

**PRESS RELEASE, NON-EXCLUSIVE**

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**Internationally Ranked West Coast Swing Dance Champions  
Coming to the Central Coast to Teach Workshops**

ARROYO GRANDE, CA – Myles Munroe and Tessa Cunningham, internationally ranked West Coast Swing dance champions will be visiting the Central Coast on May 12 and 13 for a series of dance workshops and demonstrations.

"We are very excited to have these dancers come to our area," said Kris O'Connor, dance enthusiast and event organizer. "Our hope is to provide a unique and fun experience that will raise our local dancers' awareness of the possibilities of this amazing dance, and hopefully encourage more west coast swing dancing in the area." According to O'Connor, there are several outstanding swing dance instructors in the area and a lot of local dance opportunities, but it is unusual to have world-ranked pros come to the Central Coast. "We typically have to travel several hours to have access to this type of intensive instruction, so this is a real treat to have them teach in our backyard!"

West Coast Swing is the state dance of California and is considered one of the most versatile social dances because it can be danced to a variety of music styles and tempos (blues, r & b, rock, hip hop, soul, and jazz). People might have heard of West Coast Swing recently, because Benji Schwimmer, the winner of "So You Think You Can Dance," is a professional West Coast Swing dancer.

There will be four workshops held on Saturday and Sunday, May 12 and 13 at the Five Cities Dance Pavilion located at 1200 E. Grand Avenue in Arroyo Grande. The Saturday night workshops will be followed by a dance and demonstration by the Canadian champs. For information about Myles and Tessa, visit their website at [www.canadianswingchampions.com](http://www.canadianswingchampions.com), or for workshop information, contact Kris O'Connor at 805-610-9212.

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